

## Easy 10 Minute Guitar Workout (For Beginners) - Part 3

with Ayla Tesler-Mabe

### C Major Exercises:

**A**

**B**

**B**

**C**

**C**

**D**

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Point at the screen

Point at the screen

TAB  
0  
1  
2  
3

0  
1  
2  
3

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### D Major Exercises:

**A**

Musical notation for exercise A, measures 1-4. Treble clef, key signature of one sharp (F#), 4/4 time. Chords: D4, D4, D4, D4. TAB: 230, 230, 230, 230.

**B**

Musical notation for exercise B, measures 5-8. Treble clef, key signature of one sharp (F#), 4/4 time. Notes: D4, E4, F#4, G4, A4, B4, C5, D5. TAB: 0 2 3 2, 0 2 3 2.

Musical notation for exercise B, measures 9-12. Treble clef, key signature of one sharp (F#), 4/4 time. Notes: D4, E4, F#4, G4, A4, B4, C5, D5. TAB: 0 2 3 2, 0 2 3 2.

**C**

Musical notation for exercise C, measures 13-16. Treble clef, key signature of one sharp (F#), 4/4 time. Chords: D4, D4, D4, D4. TAB: 230, 230.

Musical notation for exercise C, measures 17-20. Treble clef, key signature of one sharp (F#), 4/4 time. Chords: D4, D4, D4, D4. TAB: 230, 230.

**D**

Musical notation for exercise D, measures 21-24. Treble clef, key signature of one sharp (F#), 4/4 time. Chords: D4, D4, D4, D4. TAB: 230, 230. Includes "Point at the screen" annotations.



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### C Major And D Major Exercises:

**A**

**C** **D**

TAB: 0-2-3-0-0-0 | 0-2-3-0-0-0 | 2-0-2-2-0-0 | 2-0-2-2-0-0

**C** **D**

TAB: 0-2-3-0-0-0 | 0-2-3-0-0-0 | 2-0-2-2-0-0 | 2-0-2-2-0-0

**C** **D**

TAB: 0-2-3-0-0-0 | 0-2-3-0-0-0 | 2-0-2-2-0-0 | 2-0-2-2-0-0

**C** **D**

TAB: 0-2-3-0-0-0 | 0-2-3-0-0-0 | 2-0-2-2-0-0 | 2-0-2-2-0-0

**B**

**C** **D** **C** **D**

TAB: 0-2-3-0-0-0 | 2-0-2-2-0-0 | 0-2-3-0-0-0 | 2-0-2-2-0-0

**C** **D** **C** **D**

TAB: 0-2-3-0-0-0 | 2-0-2-2-0-0 | 0-2-3-0-0-0 | 2-0-2-2-0-0

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24

C D C D

TAB

0 2 3 1 0 0 | 2 3 2 1 0 0 | 0 2 3 1 0 0 | 2 3 2 1 0 0

28

C D C D

TAB

0 2 3 1 0 0 | 2 3 2 1 0 0 | 0 2 3 1 0 0 | 2 3 2 1 0 0

32

C D C D C D C D

TAB

0 2 3 1 0 0 | 2 3 2 1 0 0 | 0 2 3 1 0 0 | 2 3 2 1 0 0

36

C D C D C D C D

TAB

0 2 3 1 0 0 | 2 3 2 1 0 0 | 0 2 3 1 0 0 | 2 3 2 1 0 0

40

C D C D C D C D

TAB

0 2 3 1 0 0 | 2 3 2 1 0 0 | 0 2 3 1 0 0 | 2 3 2 1 0 0

44

C D C D C D C D

TAB

0 2 3 1 0 0 | 2 3 2 1 0 0 | 0 2 3 1 0 0 | 2 3 2 1 0 0